

# PFL

Noteworthy News September - Fall 2023

# **PFL Happenings**

## Spreading some positivi-tea!

The PFL Program was at the Mental Health and Wellbeing Fair on September 12 where we handed out positivi-tea to those who stopped by our table. 119 KSU students received positivi-tea from us! It was such a fun event featuring a painting station, drum circle, aromatherapy, and more! The above picture shows our table at the event. Missed the fair this year? Join us next year at this annual fall semester event!

## Workshop recordings posted on D2L.

PFL hosted two awesome workshop series this month called "Buliding community at KSU" and "Learning How to Learn." If you missed the workshops but are intersted in learning more, you'll be able to find the recordings of both workshops on our PFL D2L Resource page.

## Follow Us on Instagram:

Give us a follow to stay up to date on PFL events and announcements: @pfl\_ksu

## Share your thoughts:

Complete the PFL preference survey to help us plan our events & workshops around your needs and interests: <u>PFL Preference Survey</u>

## **Important Dates**

Keep these KSU dates on your radar:

- Oct 3- Midterm Grades due
- Oct 10- Withdrawal Deadline
- Oct 13- Spring 2024 registration time tickets begin to open

## **Mark Your Calendar**

Upcoming PFL events and workshops:

### Workshops:

 How to Send Professional Emails- Stay tuned! Dates and details to be announced.

#### Events:

- Chip and Chat- October 11, 2:00-4:00pm
  Academic Learning Center room 3102 (K Campus)
- Halloween Tip or Treat- October 31, 4:00-5:00pm
  Academic Learning Center room 1202 (K Campus)

## **Get in Touch**

**Office Hours:** 8:30AM - 5:00 PM

Phone: (470) 578-2478 Email: pfl@kennesaw.edu

#### **Book a PFL Success Session:**

Offered Mon and Thur, 9:00AM-5:00PM PFL Success Session Booking Link

# **Get Involved**

On Halloween (Oct 31), the PFL Program is hosting "Tip or Treat." We are expanding the event this year to feature a PFL student panel so the college tips come from YOU!

Interested in being on the panel and sharing your thoughts with other PFLs? Email Ellie to join. It's a great resume builder!